

FUNCTION SUITE CLASS TIMES

	<u>AM</u>	<u>AM</u>	<u>PM</u>	<u>PM</u>
MONDAY	10.00am – 3.00pm Painting & Drawing		3.45 – 4.45pm Japan Karate	5.00 – 8.00pm Dance Addiction
TUESDAY	9.30 – 10.30am Laura Scott Yoga			6.30 – 8.00pm Yoga with Hilary
WEDNESDAY	9.30 – 12.30pm Rhythm Time		4.30 – 7.15pm Dance Addiction	7.30 – 9.30pm Japan Karate
THURSDAY	9.15 – 10.45am Yoga with Hilary	11 – 1.30pm Body Pilates	4.30 – 7.00pm Dance Addiction	7.00 – 8.30pm Seasonal Yoga
FRIDAY	9.15 – 10.30am Seasonal Yoga	11.00 – 12.00pm Relax & Sing Baby		4.15 – 5.15 pm Dance Addiction
SATURDAY			12.30 – 3.30pm Restorative Yoga	
SUNDAY			12.00 – 7pm Gail Ashley Dance	

Name	Number	Email
Painting & Drawing (Janet)	07590837948	forryjanet33@gmail.com
Japan Karate Academy (Terry)	07736934210	terry.connell@icloud.com
Dance Addiction (Lauren)	07921144723	laurenhalley@msn.com
Yoga with Laura (Laura)	07775812975	lscott.yoga@gmail.com
Yoga with Hilary (Hilary)	07824873405	hilary.yogaforyou@gmail.com
Seasonal Yoga (Jane)	07968233889	jane@seasonalyogaexperience.com
Body Pilates (Lorna)	07703527017	lornacochrane516@btinternet.com
Relax & Sing Baby (Fiona)	07588371337	bebeserenity@outlook.com
Gail Ashley Dance (Gail)	07415701667	contact@gailashleyschoolofdance.co.uk
Restorative Yoga (Linda)	07747728164	linda2wheels@virginmedia.com
Rhythm Time (Gillian)	07834761972	rhythmtimesouthglasgow@gmail.com

